THE BEST STAY FOR YOUR TEAM IN CASTELLÓN, ON THE SUNNY MEDITERRANEAN COAST OF SPAIN

Professional Football Stays

3 natural grass football pitches whose dimensions meet FIFA’s official requirements

Marina D’Or
Holiday Resort
Spain
Oropesa del Mar - Castellón (Valencia)
Over 300 sunny days per year

Average maximum and minimum daily temperatures in Oropesa del Mar (°C):

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In an unbeatable environment, in Castellón - on the East coast of Spain -, there is a new and perfect location for European professional teams to hold their pre-season training sessions.

High-end sports facilities and all the comfort players need to perform their best. Many spare-time activities, touristic and family activities, sunny weather and beautiful beaches right in the most famous holiday resort in Spain... Welcome to Marina d’Or Holiday Resort.
PROFESSIONAL FOOTBALL PACKAGE
2 training sessions (1.5h each) per day (every morning and afternoon)

3 natural grass football pitches with FIFA regulatory measures

Daily fitness session in our physiotherapy room and gym

Europe’s largest scientific seawater spa resort, where you can bathe in the waters of the Mediterranean Sea heated to body temperature all year round.

The Spa Resort also offers 39 different services and a modern Beauty and Aesthetics centre with 192 different treatments, some of which are world exclusives.
In the seawater spa take advantage of the properties of seawater as a source of beauty, health and well being.

THE LEISURE AREA OFFERS:
- Large Central Pool (30-34º). Neck jets: swan neck jets (4), Duck’s beak jet (2), Water cascades (5), Water curtain, Jet beds (6), Multiple Jets...
- Ice Cabin
- Grapefruit bath
- Roman Baths: Caldarium (30° - 33°), Trepidarium (25° - 27°), Frigidarium (20° - 22°) and dry marbles (heated to 22°).
- Sand walk
- Pebble walk
- Jacuzzi Hydro massage pools (10)
- Hanging Jacuzzis
- Hot-tubs (2)
- Dead Sea Pool (with a high saline content that means you can float effortlessly)
- Circulation enhancing routes (3)
- Rest area and solarium with infrared
- Finnish Saunas at 65°, 70°, 75° and 85°
- Contrasting Showers (4)
- Scottish Showers (3)
- Turkish bath (45°)
- Pulverized rain room (45°)
- Circulation enhancing routes (3)
- Rest area and solarium with infrared
- Finnish Saunas at 65°, 70°, 75° and 85°
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- Turkish bath (45°)
- Pulverized rain room (45°)

OUTDOOR AREA (Open in season)
- Outdoor Central Pool; Jets, Swan Neck
- Hanging Jacuzzis
- Hot-tubs (2)
- Dead Sea Pool (with a high saline content that means you can float effortlessly)
- Circulation enhancing routes (3)
- Rest area and solarium with infrared
- Finnish Saunas at 65°, 70°, 75° and 85°
- Contrasting Showers (4)
- Scottish Showers (3)
- Turkish bath (45°)
- Pulverized rain room (45°)

VIP AREA
- Dry Heat rooms (5-10’)
- Cleopatra or milk baths (10-15°)
- Mud Bath (10-15°)
- Music therapy and aromatherapy room (10-15’)
- Relaxation area
- Jacuzzis at differing temperatures (10-15°).

Outdoor VIP area: natural solarium and Jacuzzis.
PROGRAMMES IN THE HEALTH CENTRE

The centre specialises in the following areas:

- Medical Hydrology.
- Health and Beauty:
  - Facial and body treatments
  - Hydrothermal treatments
  - Massages
  - Holistic Beauty Treatments
  - Oriental Treatments
- Aesthetic medicine:
  - Mesoplasty: integral facial rejuvenation
- Peelings, fillings, wrinkles, lips, etc.
- Botulinum toxin (Botox)
- Nutritional and ageing studies
- Weight loss and localized fat
- Mesotherapy (body and facial)
- Laser (depilation and rejuvenation)
- Cosmetic surgery for the body and face
- Physiotherapy
- Podiatry
- Preventive screening unit

- Stress and memory unit
- Biological medicine. Chelation (non-surgical arterial cleansing)
- Hyperbaric medicine (oxygenation)
- Clinical analyses
OPTIONAL STAY PROGRAMMES
Friendly games with official referees and medical assistance
LEISURE & SPORTS FACILITIES

Many leisure activities to enjoy in the complex:

- The largest thalassic centre in Europe
- Indoor and outdoor swimming pools
- 8 tennis courts
- 10 paddle courts
- 2 squash courts
- Beach volleyball pitches
- 2 multisport courts
- Ping-pong
- Mini-golf
- Nautical sports
- 4 gyms
ENDLESS LEISURE POSSIBILITIES

A world of luxury at your fingertips (restaurants, terraces, pubs, discos, coffee shops, boutiques, shopping centres, hairdressers, supermarkets, private security, etc.). More than 100 shops spread throughout the Holiday Resort.

Up to 7 theme parks for all ages...

Several types of full- or half-day trips where you can discover beautiful towns such as Morella or Vilafamés; unbeatable landscapes such as the Ebro estuary, Europe’s longest stretch of navigable underground river; you can also visit the famous wineries in Vilafamés or Benicassim, or enjoy the Oceanographic aquarium and the City of Arts and Sciences in Valencia...
GRAN DUQUE 4* HOTEL
The newest and most modern hotel in the complex. Only 330 metres away from the beach and 200 metres from the Seawater Spa, the hotel has its own Spa and an outdoor swimming pool (summer season only) with solarium.

The hotel has 564 spacious rooms with air-conditioning, telephone, satellite TV, piped music, safe, full bathroom with hairdryer, hydro-massage bath or shower, terraces with views over Marina d’Or and disabled access.

Amongst other services, the hotel has a SPA area, an outdoor pool (summer season only), daily press at the reception (subject to availability), animation and WI-FI internet connection in all rooms and public areas.
MARINA D’OR SPA 5* HOTEL
Located right on the seafront, the hotel has 184 rooms, with themed suites, junior suites and disabled rooms, all with full bathroom, hydro massage bath, hair-dryer, air-conditioning, telephone, satellite TV, piped music, WI-FI internet connection in all rooms and public areas, safe, mini-bar, terraces with sea views and disabled access. Daily newspapers at reception (subject to availability), gym, animation activities, etc.

Unlimited access to the leisure area of the seawater spa resort for guests staying in the Marina d’Or 5* hotel.

MULTISERVICE APARTMENTS
The multiservice apartments have 2 bedrooms and 1 or 2 bathrooms with hair-dryer, living/dining room with sofa bed, fully equipped kitchen with utensils and domestic appliances, satellite TV, HVAC air-conditioning and spacious terraces. The restaurant service is 3* category and guests can access the SPA resort area (opposite the Europa Hall), outdoor pools (summer season only) and solariums.
PRICE PER PARTICIPANT INCLUDES:

1. Accommodation:
   - Room + full board.
   - 2 full-kit laundry services per day.
   - 24/7 security service in the venue.
   - Fully equipped rooms that allow the installation of massage tables.

2. Insurance: sports and medical insurance + Medical assistance & massage room.

3. Training Program:
   - 3-hour professional training per day (morning & afternoon sessions).
   - Mineral water supply during training sessions.

4. Leisure activities & facilities:
   - Indoor: Gym, heated swimming pool, 2 jacuzzi and sauna (unlimited access to the leisure area of the seawater spa resort for guests staying in the Marina d’Or 5* Spa Hotel).
   - Outdoor: swimming pools and sports pitches (tennis, paddle, beach volley...).
   - Meeting rooms (must be booked in advance).
   - Discounts on touristic and family visits.

WE ARE SPECIALISED IN LARGE SPORTS EVENTS. JOIN THE EXPERIENCE
Marina d’Or - Holiday Resort has an extensive experience in organising all kinds of large events, sports events - World Chess Tournaments, Davis Cup Quarterfinals (2012), Spanish National Club Cross-Country Championships (2012-2013), Marina d’Or Cups, Spanish National Taekwondo Championships (2013), Spanish National Electronic Darts Championships, etc. as well as other kinds of events: the Miss and Mister Spain galas, Ferrari Racing Days, conventions, etc.

Undoubtedly, one of the best and most versatile venues I have ever met along my professional career.
Marcos Senna, Villarreal C.F. player

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